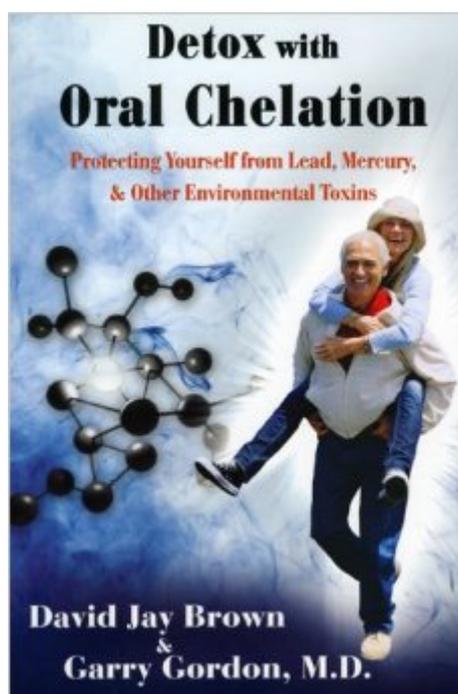


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# Detox With Oral Chelation: Protecting Yourself From Lead, Mercury, & Other Environmental Toxins



## Synopsis

EDTA chelation therapy has been shown to improve blood circulation, lower blood pressure, and remove toxic heavy metals from the body. In a day and age where astonishing new advances in medicine are made almost daily, and our vision of the future of medicine borders on the miraculous, this overlooked, inexpensive, and often misunderstood form of therapy offers us the hope that we can all live longer, healthier, and happier lives right now.

## Book Information

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## Customer Reviews

When I first picked up this book I didn't know anything about chelation therapy ... in general, or as a method of detox. That quickly changed, however, as the book helped me understand not only what chelation is, but how it works and why detoxification is such a vital part of healthy living in our world today. The authors make a great team. David Jay Brown breaks the topics down using easy language and examples for the layman to understand yet carries them out with enough scientific detail to keep the more science-minded readers engaged. His style is friendly and fun, and David is certainly not afraid to bring up topics that may go against the norm. He is not pushy with his knowledge, but does like to plant little seeds that will get the reader thinking. Garry Gordon packs in a wealth of experience, research, and the "MD" that adds to the book's credibility in western medical. The book quickly goes into why detoxification is so important. It brings awareness to just how polluted our environment is (it is scary how many things I was not even aware of!), how to avoid the ones that we can, and how chelation therapy works. The great thing about oral chelation therapy is that it is available to the masses and not just those with great health coverage. The book goes into how one can make better health choices on a daily basis and how to add in a program of

at-home oral chelation therapy. It discusses using EDTA and other chelating agents, including natural ones found at a super-market, their different specificities, synergistic use, and safety concerns.

I was expecting this book would cover all the substances for pulling heavy metals out of the body that are within my reach. It only covers EDTA and the title - Detox with Oral Chelation - means the cheaper, do it yourself at home version of EDTA, rather than the expensive, go to a hospital and some medical person puts a big needle in your arm version. Alternatives: There is a section on other chelating agents, but it's thin and weak. There is little in this book that is outside the for profit dogma of America medicine and, alas, nothing that is creative or cutting edge. David did mention garlic, but not cilantro or chlorella. Heart Disease: The book says heart disease might be caused by a virus or bacteria. That's a very old theory. It is possible that an infection can damage the heart. I've heard rheumatic fever can damage heart valves, but that certainly wouldn't account for the dramatic rise in heart disease. (Cholesterol also does not explain heart disease. Having a low cholesterol level is actually a risk factor for having a heart attack. People with high, moderate and low cholesterol levels have all had heart attacks. There's a form of LDL called Pattern B that is the greatest risk factor for heart disease, as far as diet goes. So, stop worrying about your cholesterol level.) Autism: David wrote that autism may be caused by mirror neurons that become defective. In all the videos I've watched and articles I've read about autism, no one mentioned mirror neurons. Not In The Book: Doctor Natasha Campbell-McBride is a specialist in autism. She invented the GAPS diet, which stands for Gut and Psychology Syndrome. She said she's always able to at least see noticeable improvement with autistic children.

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